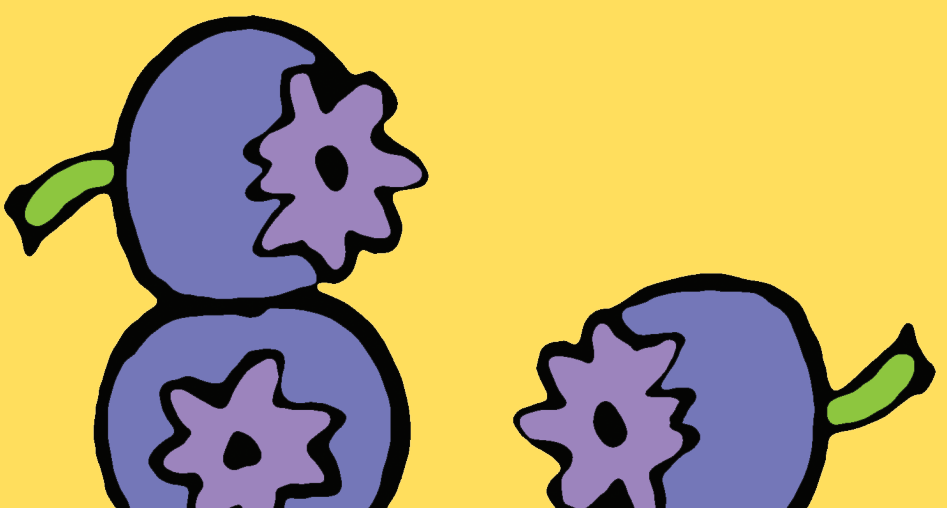




Pick



- **Pick local fruits and vegetables.**
- **Pick a variety of colourful fruits and vegetables.**

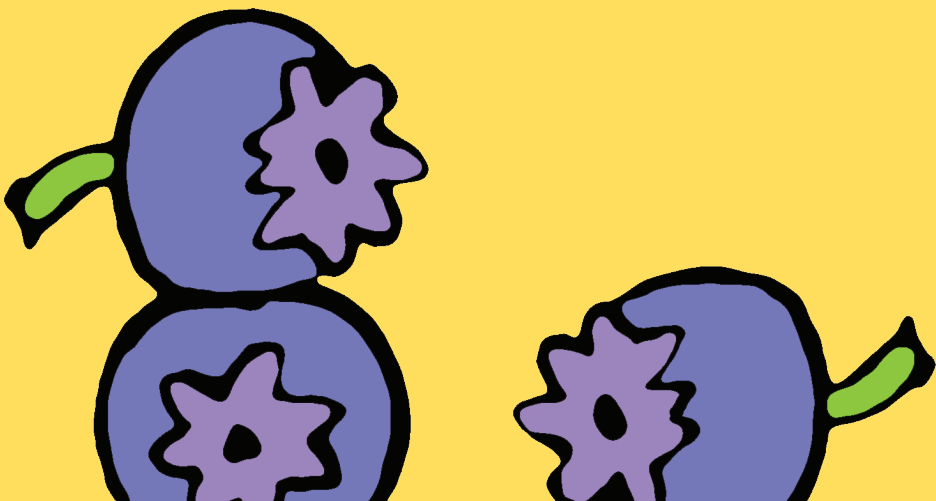




Wash



- Wash hands before eating.
- Wash fruits and vegetables before eating.



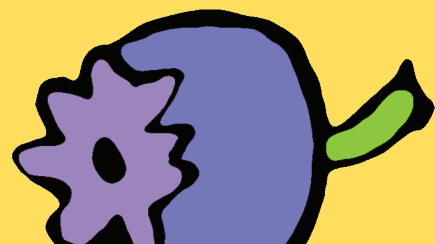
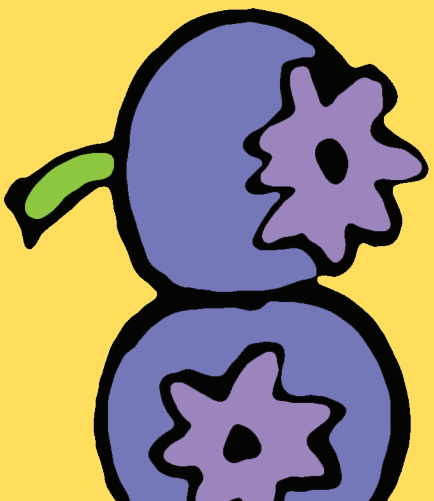


enjoy!



SCHOOL FRUIT
AND VEGETABLE
SNACK PROGRAM

- **Enjoy the taste of local fruits and vegetables.**
- **Enjoy eating 5 to 10 servings of fruits and vegetables every day.**



ActNowBC

